



**DIVISION MEMORANDUM**

No. 140, s. 2019

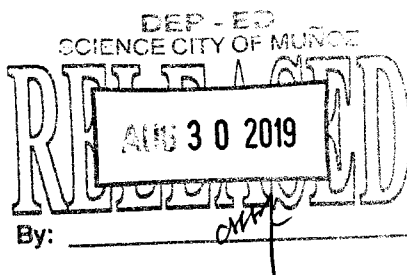
**TO : ALL PUBLIC ELEMENTARY AND SECONDARY SCHOOL HEADS**

**FROM : CATALINA P. PAEZ, PhD, CESO V**  
Schools Division Superintendent

**DATE : August 27, 2019**

**SUBJECT : CAPACITY BUILDING on OK SA DepEd Oplan Kalusugan PROGRAM**

1. In consonance with the implementation of DepEd Health and Nutrition Programs, the Division of Science City of Muñoz will be having a capacity building and reorientation on Ok sa DepEd Oplan Kalusugan Program.
2. The 2 day activity will be conducted on September 5 & 6, 2019, 8:00 o'clock in the morning at the Schools Division Office Conference Hall to be participated by the School Health and Nutrition Coordinator or Ok sa DepEd Focal Person.
3. This activity aims to capacitate and reorient health and nutrition coordinators with the 6 flagship programs in Ok sa DepEd Oplan Kalusugan in order to successfully implement these health programs for the benefit of all learners in schools
4. Herewith is enclosure no.1, Matrix of Activities as ready reference.
5. Immediate and wide dissemination of this memorandum is earnestly desired.



SGOD/MCC/2019

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Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
Region III  
Schools Division Office  
**SCIENCE CITY OF MUNOZ**  
Tel No. (044) 806 -2192 | Fax No. (044)456-5103



Enclosure No.1

**MATRIX OF ACTIVITIES**

September 5,2019	Activity	In- Charge
8:00-8:30 AM	Attendance	Sheila Marie Aton
8:30-9:30 AM	Opening Program	Evangeline A. Bautista, RN
9:30-10:30AM	Overview of Ok sa Deped Oplan Kalusugan	Marianne C. Coronel, MD
10:30-11:30AM	School Based Feeding Program	
11:30-12:00PM	School Dental Health Program, School Managed Canteens	Jayson V. Flores, DMD
12:00-1:00PM	Lunch Break	
1:00-2:00PM	Gulayan sa Paaralan Program	Evangeline A. Bautista, RN
2:00-3:30PM	WINS PROGRAM	Marianne C. Coronel,MD
3:30-5:00PM	Adolescent Reproductive Health Program	
September 6, 2019		
8:00-8:30 AM	Roll Call of PARTICIPANTS	Jayson V. Flores,DMD
8:30-9:00 AM	Recall	GROUP A
9:00-10:00 AM	National Drug Education Program	Mark Sydore Arimbuyutan,RN
10:00-11:00 AM	Tobacco Control Program	Marianne C. Coronel, MD
11:00- 12:00 AM	Healthy Food and Beverage Choices	
12:00-1:00 PM	Lunch Break	
1:00 -2:00 PM	Medical, Dental and Nursing Services	School Health and Nutrition
2:00-3:00 PM	Mental and Psychosocial Health	
3:00-3:15PM	Closing Remarks and picture taking	Jayson V. Flores, DMD
3:15-5:00	Socialization	

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