



Republic of the Philippines  
**Department of Education**  
REGION III – CENTRAL LUZON  
**SCHOOLS DIVISION OFFICE-SCIENCE CITY OF MUNOZ**

January 12, 2021

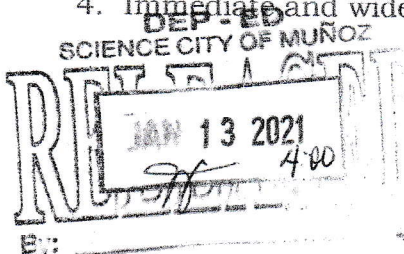
**DIVISION MEMORANDUM**


No. 19, s. 2020

To: Assistant Schools Division Superintendent  
Division Chiefs  
Unit Heads  
Education Program Supervisors  
All Others Concerned

**OPLAN DETOX PROGRAM**

1. Provision of medical and nursing services in schools and in the School Division Office is one of the components of Ok sa DepEd Oplan Kalusugan Program. Early detection of chronic diseases among personnel in the workplace enable them to maintain their well-being. Early treatment of disease and referral to specialist help them to gain control, improve their health status and eventually make better their quality of life and perform well in the workplace.
2. In connection with this, the OPLAN DETOX PROGRAM services are available upon schedule or appointment in the School Health and Nutrition Section. The available services are as follows: Foot Reflexology, Massage Therapy/ TENS Therapy and Ionizing Foot Spa. These services detect body imbalances and detoxify one's body thru ION- Cell Cleansing. All SDO Personnel are encouraged to avail these services and reminded to adhere to the required health standards before, during and after the conduct of these procedure.
3. For queries, please feel free to contact EVANGELINE A. BAUTISTA, RN, Nurse II via [evangeline.bautista010@deped.gov.ph](mailto:evangeline.bautista010@deped.gov.ph) or at cellphone number 09179334560.
4. Immediate and wide dissemination of this memorandum is earnestly desired.



  
**DANTE G. PARUNGAO, CESO VI**  
Officer-in-Charge  
Office of the Schools Division Superintendent



*Loyal, Excellent, Accountable and Dedicated to Service*  
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