



Republic of the Philippines
Department of Education
REGION III – CENTRAL LUZON
SCHOOLS DIVISION OFFICE - SCIENCE CITY OF MUÑOZ

November 18, 2021

DIVISION MEMORANDUM

No. 525, s. 2021

**KEEPING UP THE MENTAL HEALTH OF NON-TEACHING PERSONNEL
DURING THE UNCERTAIN TIME**

To: All SDO Non- Teaching Personnel

1. The Division of Science City of Muñoz will be conducting a virtual seminar entitled Keeping Up the Mental Health of Non-Teaching Personnel During the Uncertain Time on November 29, 2021, 1:30 p.m. to 4:00 p.m. via MS Teams platform.
2. This seminar aims to :
 - a. Understand the impact of a mental illness.
 - b. Comprehend the importance of support from the workplace.
 - c. Develop strategies for helping themselves or others who are suffering from a mental illness.
3. Immediate dissemination of this Memorandum is earnestly desired.

DANTE G. PARUNGAO, CESO VI
OIC- Schools Division Superintendent



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