



Republic of the Philippines
Department of Education
REGION III – CENTRAL LUZON
SCHOOLS DIVISION OF SCIENCE CITY OF MUÑOZ

January 24, 2025

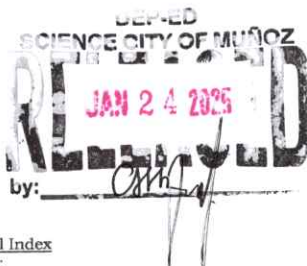
SCHOOLS DIVISION MEMORANDUM

No. 032, s. 2024

PREVENTION AND MANAGEMENT OF HAND FOOT AND MOUTH DISEASE

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Elementary and Secondary Heads
All Others Concerned

1. Hand Foot and Mouth Disease caused by Coxsackie A16 virus and Enterovirus 71 is a viral infection commonly seen among the pediatric population ages <10 years of age. The virus is transmitted through the fecal-oral and respiratory route, which is highly communicable with viral shedding that lasts for more than 3 weeks through the respiratory system and 10-11 weeks through fecal shedding post infection and can spread easily through objects and surfaces that have virus particles.
2. Manifestations of the said disease include fever then exanthem or the presence of vesicles and ulcerations in the oral cavity followed by exanthem which is described as tender vesicular skin lesions with surrounding redness on the hands, feet, buttocks or groin, it can also be associated with flu-like symptoms like cough, watery nasal discharge and body malaise.
3. Treatment is symptomatic and the patient can recover within a few days, but emphasis is placed on the prevention of spread of infection. In connection with this, all public elementary and secondary schools are hereby reminded to strictly adhere to always practice correct hygiene and sanitation measures, especially group handwashing activity, regular disinfection and proper waste disposal.
4. Moreover, early consultation with prompt treatment and referral to the nearest health center is a must to contain the spread of virus in the school premises and offices while affected learners diagnosed with HFMD is strongly recommended to be extended with academic services through modular distant learning.
5. For queries, please contact MARIANNE C. CORONEL, MD, Medical Officer III through Facebook messenger or via Deped Email at marianne.coronel@deped.gov.ph.
6. Wide dissemination of this Memorandum is earnestly desired.



JOHANNA N. GERVACIO PhD, CESO V
Schools Division Superintendent

Encl: As stated
Reference: None
To be indicated in the Perpetual Index
Under the following subjects:

HAND FOOT AND MOUTH DISEASE
SGOD/ MCC-SHNU- MO3
001/January 24,2025