



Republic of the Philippines
Department of Education
REGION III – CENTRAL LUZON
SCHOOLS DIVISION OF SCIENCE CITY OF MUÑOZ

July 21, 2025

SCHOOLS DIVISION MEMORANDUM

No. 234, s. 2025

**DIVISION ORIENTATION ON CHILDREN AND ADOLESCENTS RISK SCREENER
(CARS) AND HOME, EDUCATION/EMPLOYMENT, EATING, ACTIVITIES,
DRUGS, SEXUALITY, SUICIDE, AND SAFETY (HEEADSSS) ASSESSMENT
UNDER THE SCHOOL MENTAL HEALTH IN COLLABORATION
WITH ADOLESCENT REPRODUCTION HEALTH PROGRAM
UNDER OPLAN KALUSUGAN SA DEPED**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Elementary and Secondary Heads
All Others Concerned

1. Pursuant to RA 11036, known as the Mental Health Act, and its IRR, the Department of Education strongly supports mental health promotion among its learners and constituents in schools and DepEd offices.
2. Through the provision of support and services for individuals at risk, raising awareness on mental health concepts and issues, and facilitating access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support, the department ensures the mental health, safety, and well-being of all schoolchildren and personnel in schools.
3. In connection with this, the School Health and Nutrition Unit under the Schools Governance and Operation Division shall conduct an orientation on the Children and Adolescent Risk Screener and HEEADSSS Assessment among guidance advocates in all Public Elementary and Secondary Schools on August 15, 2025, from 1 pm to 5 pm at the SDO Teachers Hall.
4. This activity aims to capacitate the participants to identify learners who are at risk of academic, behavioral, and socio-emotional problems and who may need monitoring and intervention.
5. Participants are advised to bring their laptops, extension wires, and internet connectivity, including their own provision for foods and drinks. This Memorandum shall serve as the **Authority to Travel**, and the travelling expenses shall be covered by the School Maintenance and Other Operating Expenses (MOOE) or from other local funds, subject to the usual accounting and auditing rules and regulations.
6. Enclosed with this memorandum are the following:

*Enclosure 1: **Division Program Management Team (DPMT)***

*Enclosure 2: **Training Matrix***

*Enclosure 3: **List of Participants***



Address: Brgy. Rizal, Science City of Muñoz, 3119
Email Address: munozscience.city@deped.gov.ph

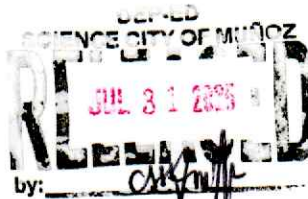


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7. For queries, please contact the School Health and Nutrition Unit through marianne.coronel@deped.gov.ph and charmaineeljie.rayos@deped.gov.ph.
8. Wide dissemination of this Memorandum is earnestly desired.

JOHANNA N. GERVACIO PhD, CESO V
Schools Division Superintendent. *g*

Encl: As stated
Reference: None
To be indicated in the Perpetual Index
Under the following subjects:
CARS AND HEEADSSS ASSESSMENT / OK SA DEPED
SGOD/ MCC- SHNU- MO3
14/JULY 21, 2025





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Enclosure No. 1 to the Schools Division Memorandum No. 234, s. 2025

DIVISION PROGRAM MANAGEMENT TEAM

Consultants	JOHANNA N. GERVACIO PhD, CESO V Schools Division Superintendent
	RONILO E. HILARIO, CESO VI Assistant Schools Division Superintendent
Chairpersons	BERNARDO A. GARGABITE, EdD Chief ES, SGOD
	MARIANNE C. CORONEL, MD Medical Officer III
Members	CHARMAINE ELJIE R. RAYOS EVANGELINE A. BAUTISTA SHIELA S. MARANAN LEANZA JEAN R. ACUNA



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Enclosure No. 2 to the Schools Division Memorandum No. 234, s. 2025

MATRIX OF ACTIVITIES

DATE/TIME	ACTIVITY	PERSON INVOLVED
August 15, 2025		
1:00-1:15 pm	Registration of the guests and participants	Program Management Team
1:15-1:20 pm	OPENING PROGRAM National Anthem Ecumenical Prayer DepEd Munoz	Program Management Team
1:20 pm-1:25 pm	Welcome Message	MARIANNE C. CORONEL, MD Medical Officer III
1:25-1:30 pm	Statement of Purpose	BERNARDO A. GARGABITE Chief Education Supervisor
1:30-1:35 pm	Message	RONILO E. HILARIO, CESO VI Assistant Schools Division Superintendent
1:35-1:45 pm	Message	JOHANNA N. GERVACIO PhD, CESO V Schools Division Superintendent
1:45 pm-2:30 pm	Reorientation of Rapid HEEADSSS Assessment	CHARMAINE ELJIE R. RAYOS, RN Nurse II
2:30 pm-4:50 pm	Orientation on Children and Adolescents Risk Screener(CARS)	SHIELA S. MARANAN Guidance Counselor III MNHS-Main JHS
4:50pm-5:00pm	Closing Remarks	CHARMAINE ELJIE R. RAYOS, RN Nurse II

LEANZA JEAN R. ACUÑA

Technical Assistant I
Master of Ceremonies



Address: Brgy. Rizal, Science City of Muñoz, 3119
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Enclosure No. 3 to the Schools Division Memorandum No. 234, s. 2025

LIST OF PARTICIPANTS

NO.	NAME	SEX	RELIEVER	STATION
1	Johanna N. Gervacio	F		SDO-OSDS
2	Ronilo E. Hilario	M		SDO-OSDS
3	Bernardo A. Gargabite	M		SDO-SGOD
4	Winnie W. Poli	F		SDO-SGOD
5	Lamberto P. Corpuz	M		SDO-SGOD
6	Marianne C. Coronel	F		SDO-SGOD
7	Mercedita D. Saldero	F		SDO-CID
8	Shiela S. Maranan	F		MNHS MAIN - JHS
9	Charmaine Eljie R. Rayos	F		SDO-SGOD
10	Evangeline A. Bautista	F		SDO-SGOD
11	Leanza Jean R. Acuna	F		SDO-SGOD
12	Lourdes C. Claus	F	Ariel Ordoñez	Bagong Sikat ES
13	Michelle A. Esteban	F	Marivic P. Rayos	Bantug ES
14	Susan M. Garcia	F	Marites Q. Vergara	Bical ES
15	Mary Ann Banaga	F	Kristina Marie M. Mangalidan	Cabisuculan ES
16	Maria Elena E. Pagaduan	F	Megumi J. Bustamante	Calabalabaan ES
17	Jennifer Q. Baltazar	F	Celia A. Cabrera	Calisitan ES
18	Catherine D. Barbosa	F	Elena M. Saludez	Catalanacan ES
19	Jocelyn G. Iblasin	F	Lady Rose Bayabos	Curva IS
20	Jessebel M. Dela Cruz	F	Marissa P. Novicio	DepEd-CLSU ES
21	Precelyn E. Domingo	F	Ruby Joyce G. Toledana	Franza ES
22	Byron Santos	M	Kristina M. Lolong	Gabaldon IS
23	Ruby C. Sican	F	Christin D. Dizon	Gov. Eduardo L. Josen
24	Aimee Fate S. Ventura	F	Maorin Mari R. Santos	Inday Melencio NHS
25	Sheryl Ann A. Cinense	F	Arlene M. Agustin	Licaong ES
26	Prescilla Ibarra	F	Geraldine B. Balagot	Linglingay ES
27	Lorelei G. Diaz	F	Gloria D. Lagat	Magtanggol IS
28	Melvic Dela Cruz	F	Jayson Valdez	Maligaya ES
29	Sharon O. Tadeo	F	Rea Fae C. Aquino	Mangandingay ES
30	Jennifer A. Catalan	F	Ellen D. Galicia	Mapangpang ES
31	Jovita E. Bejec	F	Ellen A. Borja	Maragol IS
32	Carrie A. Flores	F	Ma. Magdalena Corazon Bermuda	MNHS MAIN - SHS
33	Anlyn A. Teraldico	F	Marvin A. Villo	MNHS MAIN – ANNEX
34	Leonora A. Santos	F	Mary Leonor C. Siervo	Muñoz Central School



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SCHOOLS DIVISION OF SCIENCE CITY OF MUÑOZ

35	Maria Gina T. Roa	F	Liezete Joy F. Miranda	Muñoz North Central
36	Aiza G. Cunanan	F	Grace Ann DC. Semacio	Naglabrahan PS
37	Rachel S. Ingco	F	Welina S. Gumangan	Palusapis ES
38	Marivic G. Damacio	F	Avegail Macanlalay	Pandalla ES
39	Racquel R. Malate	F	Arlene M. Cagawan	Rang-Ayan ES
40	Daisy B. Corpuz	F	Joycel C. Eugenio	Ricardo V. Adriano ES
41	Evelyn T. Suniega	F	Reina P. Gatchalian	Rizal ES
42	Imelda G. Desisto	F	Glenda B. Hidalgo	San Andres ES
43	Christine Ann C. Buenaventura	F	Cristina Valentino	San Antonio IS
44	Aiza DC Noveras	F	Edna C. Onia	San Felipe ES
45	Catherine C. Coloma	F	Charmaine D. Ortiz	Sapang Cauayan ES
46	Grace Ann E. Discipulo	F	Elizabeth R. De leon	Tekila Grace DV Alvarez PS
47	Kristine Joy V. Bulandos	F	Monina Rellegue	Villa Cuizon ES
48	Michel A. Candelaria	F	Venus F. Paclibare	Villa Isla ES
49	Donnabelle L. Galutan	F	Nelie Bel V. Candelaria	Villa Nati ES
50	Florence R. Bautista	F	Rea M. Espiritu	Villa Santos ES