



Republic of the Philippines

Department of Education

REGION III – CENTRAL LUZON

SCHOOLS DIVISION OF SCIENCE CITY OF MUÑOZ

January 27, 2026

SCHOOLS DIVISION MEMORANDUM

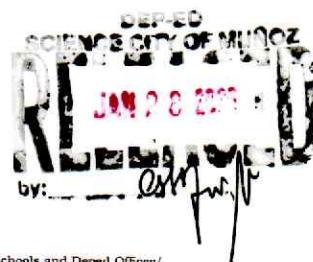
No. 039,

s. 2026

COMPLIANCE WITH THE POLICY AND GUIDELINES ON HEALTHY FOOD AND BEVERAGE CHOICES IN ALL PUBLIC ELEMENTARY AND SECONDARY SCHOOLS

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Elementary and Secondary Schoolheads
All Others Concerned

1. For the promotion and development of healthy eating habits among learners and DepEd personnel, the Department of Education issued the Policy and Guidelines on Healthy Food and Beverage Choices in Schools and in DepEd Offices as stipulated in DepEd Order No.13, s. 2017. This policy aims to ensure the availability of healthy, nutritious, and affordable food choices, establish food standards in school canteens, and introduce a system for categorizing locally available foods and beverages in consideration of geographical, cultural, and religious contexts. It likewise provides guidance on the selling, marketing, and purchasing of food and beverages in schools and DepEd offices, including those intended for school feeding programs.
2. In this regard, the adoption and strict compliance with the said policy must be observed in all school canteens, whether school managed or operated by a cooperative. Green Category food and beverages, identified as the best choices for a healthy school canteen, must be made available daily. Yellow Category items may be served ideally not more than twice a week and should be less prominent on the canteen menu. On the other hand, Red Category food and beverages, which contain high amounts of saturated fat, sugar, or salt, are not recommended and shall not be served in school canteens.
3. The School Health and Nutrition Unit shall conduct periodic monitoring and evaluation and shall provide technical assistance and guidance among schoolheads and designated canteen managers to ensure compliance with this policy.
4. For queries, please contact the School Health and Nutrition Unit through marianne.coronel@deped.gov.ph.
5. Wide dissemination of this Memorandum is earnestly desired.



JOHANNA N. GERVACIO PhD, CESO V
Schools Division Superintendent

Encl: As stated
Reference: None
To be indicated in the Perpetual Index
Under the following subjects:

Healthy Food and Beverage Choices in Schools and DepEd Offices/
OK SA DEPED
SGOD/ MCC- SHNU- MO3
04/January 26, 2026

