



Republic of the Philippines
Department of Education
REGION III – CENTRAL LUZON
SCHOOLS DIVISION OF SCIENCE CITY OF MUÑOZ

09 June 2026

SCHOOLS DIVISION MEMORANDUM

No. 197, s. 2026

**CHILDREN AND ADOLESCENTS RISK SCREENER (CARS) AND HEEADSSS
ASSESSMENT UNDER THE SCHOOL MENTAL HEALTH PROGRAM IN OPLAN
KALUSUGAN SA DEPED**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Elementary and Secondary Schoolheads
All Others Concerned

1. Pursuant to RA 11036 or known as Mental Health Act and its IRR, the Department of Education strongly promotes mental health and well-being among learners and personnel in schools and DepEd offices.
2. Through the provision of support and services for individuals at risk, raising awareness on mental health concepts and issues and facilitating access including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support, the Department ensures the mental health, safety and well-being of all schoolchildren and personnel in schools.
3. In line with this, all public elementary and secondary schools are hereby directed to conduct the CARS and HEEADSSS assessments to all learners during the Opening Block by the trained School Guidance Counsellors and Guidance Advocates respectively.
4. This activity aims to identify learners who are at risk of academic, behavioral and socio-emotional concerns and who may need monitoring and intervention.
5. For queries, please contact the School Health and Nutrition Unit thru marianne.coronel@deped.gov.ph and charmaineeljie.rayos@deped.gov.ph.
6. Wide dissemination of this Memorandum is earnestly desired.



JOHANNA N. GERVACIO PhD, CESO V
Schools Division Superintendent ✕

Encl: As stated
Reference: None
To be indicated in the Perpetual Index
Under the following subjects:

CARS AND HEEADSSS ASSESSMENT / OK SA DEPED
SGOD/ MCC- SHNU- MO3
14/June 09, 2026



Address: Brgy. Rizal, Science City of Muñoz, 3119
Email Address: munozi-science.city@deped.gov.ph