Republic of the Philippines

Department of Education

REGION III – CENTRAL LUZON

SCHOOLS DIVISION OF SCIENCE CITY OF MUNOZ

04 November, 2026

SCHOOLS DIVISION MEMORANDUM
No. 381, s. 2026

SCIMAA COACHING EXCELLENCE WORKSHOP

To: Chief Education Supervisors
Education Program Supervisors
Public and Private Elementary and Secondary School Heads
All Others Concerned

1. To continually elevate the standard of sports management and athletic performance, this Office, through the School Governance and Operations Division, announces the conduct of a three-day intensive Training and Refresher Course for Coaches and Assistant Coaches on November 7, 14 & 21, 2026, 8:00 AM at MNHS-Main Gymnasium.

2. This training is designed to ensure that our sports leaders and technical officials are well-equipped with updated rules, modern coaching strategies, and fair officiating practices as preparation for the upcoming division and regional athletic meets.

3. This activity aims to:
   - update all coaches and assistant coaches with the latest rules, ground regulations, and officiating mechanics standard across various sports disciplines;
   - equip coaches and assistant coaches with modern techniques in athlete preparation, physical conditioning, tactical play, and injury prevention; and
   - reinforce high standards of integrity, sportsmanship, and conflict resolution among officials and coaches to foster a positive and supportive environment for student-athletes.

4. Participants in this training will be given service credit.

5. All expenses related to the conduct of this event shall be charged against the SEF, school MOOE and other local funds available subject to the usual accounting and auditing rules and regulations.

6. Attached herewith are the List of participants, Training Matrix, Broadcast Team, and Technical Working Group.

7. For clarification, you may contact Mr. Joel G. Dizon, Division Sports Officer, at 0906-019-8891; Mr. Marlon V. Siminig, Assistant Division Sports Officer, at 0908-876-0513; or Ms. Andreiline S. Gaston, Technical Assistant, at 0936-232-5568.

8. Immediate and widest dissemination of this Memorandum is desired.

Encl:As stated

Reference: SDM No. 285, s. 2026
To be indicated in the Perpetua Index
Under the following subjects:
SCiMMAACOACHINGANDOFFICIATINGWORKSHOP
JGD/ SCiMAACoachingOfficiatingTrainingWorkshop

JOHANNA N. GERVACIO PhD, CESO V
Schools Division Superintendent

DEP-ED
SCIENCE CITY OF MUÑOZ
RELEASED
NOV 04 2026
by:

Address: Brgy. Rizal, Science City of Muñoz, 3119
Email Address: munozscience.city@deped.gov.ph

Enclosure No. 1 to the Schools Division Memorandum No. 381 s. 2026

LIST OF PARTICIPANTS

ATHLETICS

1	Mark Lester F. Mercado	42	Dominic Antonio
2	Christian Leo F. Barcelona	43	Godwyne Amama
3	Renalyn D. Gamiao	44	Helen Grace Dolormente
4	Elsa P. Catolico	45	Michelle N. Salvador
5	Jefferson A. Milad	46	Leonora A.Beltran
6	Andrew M. Pagaling	47	Gladys F.Macato
7	Emmanuel C. Domingo	48	Angeline R. Ebron
8	Glee F. Bolneo	49	Noli G. Madriaga
9	John Paul U. Dancel	50	Lucio Pajarito
10	Bernadette B. Bautista	51	Elizabeth C. Coquia
11	Leonard C. Viloria	52	Ezekiel P. Bautista
12	Joanna Marie Sanz	53	Katherine Joyce T. Tabuno
13	Pyrex Ingrid T. Daulson	54	Maila A. Lucero
14	Marie Jean S. Llamazares	55	Alma M. Arquero
15	Helen R. Nuque	56	Anjanet C. James
16	Leah Irish Salazar	57	Ellen P. Orata
17	Helen P. Dolormente	58	Belinda C. Rolloque
18	Florand Paul S. Pablo	59	Florence R. Bautista
19	Joy M. Santos	60	Rea E. Echanes
20	Miriam S. Dela Cruz	61	Marites B. Cuevas
21	Elvira D. Matias	62	Daiseree G. Etrata
22	Ma. Theresa M.Sudly	63	Aiza G. Cunanan
23	Marilou M. Bautista	64	Jenny I. Gabriel
24	Shainah Aubrey V. Marling	65	Raf Guray
25	Alfred D. Pagaduan	66	Benjamin A. Mateo Jr
26	Megumi J. Bustamante	67	Pauline Joyce Pineda
27	Myla B. Cortez	68	Marilou S. Omana
28	Janice S. Lacusong	69	Fricel D. Cabaluna
29	Marisol S. Labauza	70	Kriszia Mae Pagaduan
30	Cristina J. Valentino	71	Ma.Fe Macaraeg
31	Jeffrey E. Banawe	72	Donabelle L. Galutan
32	Irene A. Paclibare	73	Milyn F. Gabriel
33	Jennifer Q. Baltazar	74	Cecile M. Cuenca
34	Gladys Sabondo	75	Mary Charlaine J. Evasco
35	Ferry Lou Andres	76	Lovejoy S. Paraguison
36	Erica Quilanlan	77	Desiree S. Garinggan
37	Gladys De Guzman	78	Ronna Lee Galvan
38	Cardinal G. Mananes	79	Genevie Diane Valenzuela
39	Danica L. Nepomuceno	80	Grezinnete Yepes
40	Marissa P. Novicio	81	Leonora D. Viloria
41	Elvie G. Corpuz	82	John Phil R.Badua

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ARNIS

1	Eufemia N. Cuaresma	11	Jessebel M. Dela Cruz
2	Michael M. Bigornia	12	Gladys De Gezman
3	Ma. Carla Kate Ramos	13	Marivic F. Lomboy
4	Analyn Ramos	14	Jan Marie Mercado
5	Rowena P. Sorel	15	Kim Allyson H. Martin
6	Maila A. Limos	16	Elma C. Cayas
7	Cornelio M. Lina	17	Mary Grace Pascua
8	Jay-R S. Maduro	18	Naome May Maduro
9	Cyril Colin N. Cuaresma	19	Adrianna Valenzuela
10	Mary Ann N. Paraguison	20	Christine Joy Fabro

BASKETBALL 3X3

1	Angelo C. Carbonel	9	Gemm De Leon
2	Byron M. Santos	10	Dave Jefferson Pagbilao
3	Honey Rocehl V. Sapitan	11	Senjay Gallardo
4	Jay-Are T. Libed	12	King Oliver Mendrez
5	Christian De Leon	13	Sheila Pauline Ericka Castillo
6	Marie Joy C. Antonino	14	Cinderella De Leon
7	Jeremae C. Dumale	15	Hazel Dela Cruz

BADMINTON

1	Virgilio M. Billiones	21	Andrea Grace S. Dagmante
2	Lorinda M. Torres	22	Brigida G. Madarang
3	Glenn Mar S. Domingo	23	Angelica Joy I. Ramos
4	Maria Elena E. Pagaduan	24	Frovhell C. Miguel
5	Angelita L. Pajarito	25	Krisanta Marie B. Millan
6	Mar-Jay Dc. Saldua	26	Aldrin Gayap
7	Neil Aldrin T. Batungbakal	27	Jaycee Pangan
8	Brenda Esguera	28	Charmaine Joyce B. Capinding
9	Crystal G. Manuel	29	Alma Grace P. Corpuz
10	Irene D. Andaya	30	Jhossel DG. Dela Cruz
11	Joy G. Dagdagan	31	Criswayne A. Cadac
12	Rea Fae C. Aquino	32	Eden V. Balmelero
13	Jenielyn C. Valenzuela	33	Harvi Mae J. Dullas
14	Fremarly C. Leano	34	Ruby C.Sican
15	Myan T. Dadivo	35	Cristin D.Dizon
16	Cornelio H. Espiritu,Jr.	36	Gemma C. Roque
17	Edna C. Onia	37	Cecilia V. Feliciano
18	Caroline D. Dela Cruz	38	Revelita T. Bello
19	Angelica Shaira C. Cabinian	39	Ronalyn F. Martin
20	Brenda D. Alcaraz	40	Alaiza Marie S. Sunga
41	Jovelyn S. Espiritu	51	Carmela G. Pelayo
42	Cressida Madelein D. Gutierrez	52	Diana Joy A. Martin

43	Janet G. Palapuz	53	Nelie Bel V. Candelaria
44	Mesezel S. Secretario	54	Leahlyn D. Tomas
45	Ma. Allyssa Joy U. Angeles	55	Liezel A. Dela Cruz
46	Lady Rose B. Paraguison	56	Maricel Carurucan
47	Kristine Jane Valdez	57	Reythlen Castillo
48	Korina Cabero	58	Garelle Mae Andres
49	Mary Grace D. Barroga	59	Lourdes D. Noscal

BILLIARDS

1	John Paul Gonzales	5	Cherryl Ann G. Domencil
2	Mark Lloyd Santiago	6	Aileen A. Coloma
3	Jerry R. Gapuz	7	Jessie Dumale
4	Christian Jade Babiano	8	Wilson Antolin Jr

CHESS

1	May-Ann M. Amar	25	Eva E. Garcia
2	Marissa R. Buenaventura	26	Jerry C. Viloria
3	Ruby Joyce G. Toledana	27	Marietta V. Reyes
4	Dwine Rigel F. Tabilin	28	Arlene M. Cagawan
5	Mary Knoll T, Saldivar	29	Maria Noreen R. Lata
6	Janine N.Recaido	30	Roselle M. Garcia
7	Ariel M. Mones	31	Charmaine Marzan
8	Catherine N. Semacio	32	Francisco Pelagio
9	Riza P. Lomboy	33	Susan U. Lumaho
10	Jehan Grace P. Fajardo	34	Eleanor C. Morcilla
11	Rowena I. Bernardo	35	Rosemarie Estabillo
12	Frinz Adrian O. Valdez	36	Valen Grace Alfonso
13	Joy Christine M. Salcedo	37	Diana Rose Samson
14	Krissaneth R. Nool	38	Honey Hementera
15	Marlon A. Tabuno Jr.	39	Noemi I. Villeza
16	Randy F. Del Rosario	40	Myra B. Castaneda
17	Judyline Gayap	41	Ma. Charmaine L. Delos Reyes
18	Sheika Domingo	42	Mildred A. Abrenilla
19	Jedidah J. Navarro	43	Liyssa S. Dalusong
20	Irene D. Baniqued	44	Jayson Pagay
21	Kimbery Joy R. Gajes	45	Nadgira Salic
22	Lory T. Cansino	46	Erickson Paraguison
23	Glonarie M.Reyes		
24	Jennifer C.Pacis		

DANCE SPORTS

1	Florence S. Pablo	5	Imee D. Evangelista
2	Gladys F. Ubaldo	6	Lenny Talavera
3	Alvin Dc. Lazaro	7	Janella Bayuga
4	Elena C. Salvador		

LAWN TENNIS

1	Joel D. Salvador	6	Elyssa Marie T. Prado
2	Milany S. Jacinto	7	Christian Lee R. Roque
3	Tricia N. Dizon	8	Geanena Ben
4	Jayamae P. Soriano	9	Marielle Cruzat
5	Janet De Guzman		

SEPAK TAKRAW

1	Ferdinand A. Cargamento Jr.	9	Sheryl Ann A. Cinense
2	Jhem R. Caluza	10	Monina P. Rellegue
3	Christine Joy B. Alonzo	11	Catherine Joy M. Garcia
4	Reina P. Gatchalian	12	Arnold Paglinawan
5	Eloisa M. Manabat	13	Aimee Katrina T. Dela Cruz
6	John Kervin S. Doguiles	14	Jereme Pangan
7	Darwin S. Baliwas		
8	Rodel Zafra		

SWIMMING

1	Marissa Novisio	8	Mark Leif Gonzaga
2	Lorelyn G Gongon	9	Rona May Gelacio
3	Daisy Johanne V. Batungbakal	10	Bennedick Viola
4	Jane Marie Catama	11	Gene Beniece Limos
5	Ferry E. Reyes	12	Mary Grace Jacinto
6	Floro B. Fernandez, Jr		
7	Rustum Esteban		

TABLE TENNIS

1	Michelle Jane M. Gacusan	9	Julie Ann Pineda
2	Teresita E. Ventura, Phd	10	Maristel P. Ramirez
3	Amerey D. Panuyas	11	Roxanne F. Bolneo
4	Venus F. Paclibare	12	Aira Camille S. Cabildo
5	Michelle A. Esteban	13	Justine Idylla T. Fernandez
6	Rolan D. Bucsit	14	Emy Rose Gargoles
7	Dawn Angelie P. Marcos	15	Elsa S. Dela Cruz
8	Olivia N Andasan	16	Deborrah D. Simon

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17	Mutya F. Francisco	23	Samantha Elize S. Bruño
18	Rosalie Dela Cruz	24	Carmela Eunice Latina
19	Florita Campanero	25	Catherine C. Manzano
20	Avalon Inigo	26	Jovita E. Bejec
21	Katherine D. Medina	27	Cristoni Macaraeg
22	Ellen D. Galicia	28	Dianna Gene Panuyas

VOLLEYBALL

1	Fritz D. Escote	21	Kristine Joyce C. Punzalan
2	Erlynne S. Quinto	22	Joy B. Palit Ang
3	Joanna Marie T. Meneses	23	Michelle C. Ordonio
4	Melvic M. Dela Cruz	24	Angel Fernandez
5	Rose Ann M. Beron	25	Kervin Orcino
6	Napoleon S. Niegos	26	Jessielyn Mae Dela Cruz
7	Sunshine A. Matias	27	Nikka D. Javier
8	Lea F. De Guzman	28	Antonio S. Niegos Jr.
9	Mart Luis A. Taruc	29	Rose Clarilyn C. Ped
10	Jayson V. Sobrevilla	30	Jean L. Tabisora
11	Jelyn O. De Sahagon	31	Jonathan Pascual
12	Rodelyn C. Deriza	32	Shyra Mae A. Yusunggay
13	John Denver Luquias	33	Caren G. Castillo
14	Sheree Ann S. Corpuz	34	Arnold Bautista
15	Kristine Joy V. Bulandos	35	Ricardo Velasco
16	Juanito A. Mariano JR	36	Jane Michelle Mendrez
17	Dominador L. Castillo Jr.	37	Carlo Ed Espiritu
18	Luis C. Alday	38	Cyrill Perez
19	Dicena S. Esposo		

Enclosure No. 2 to the Schools Division Memorandum No. 381 s. 2026

PROGRAM MATRIX

Day 1 | Saturday, 7 November

Time	Activity / Purpose	In-Charge
08:00–08:30	Registration	TWG
08:30–09:00	Opening Program Preliminaries	AVP
09:00–09:20	Statement of Purpose	**Mr. JOEL G. DIZON** *Division Sports Officer*
09:20–10:20	Motivating Athletes to reach their Potential and Developing Confidence and Character	**Mr. CHARLES A. DIZON** *Principal I, Mapangpang ES*
10:20–10:35	Break	
10:35–11:30	Building Trust Between Coach and Athlete and The Coach as a Mentor and Role Model	**MR. CHRISTIAN U. DELA CRUZ** *Principal II, Palusapis IS*
11:30–12:00	Eligibility and Documentary Requirements of Athletes, Coaches and Chaperon	**Mr. PEPITO D. DE GUZMAN** *Principal IV, Muñoz CS*
12:00–01:00	**BREAK OUT SESSION PER SPORTS EVENT**	
01:00–05:00	Arnis Rules and Regulations	**Ms. AIKO E. CAPILI** Teacher III, *Honorato C. Perez, Sr. Memorial Science High School, SDO-Cabanatuan City*
	Athletics Basic Rules and Regulations	**Mr. EMMANUEL V. WAING** *Associate Professor, CLSU* **Mr. ANVIL A. PORTES** *Principal I, Calisitan ES* **Mr. RICK M. TATEL** *Teacher VI, Muñoz CS*
	How to Play Badminton, Rules, Tips and Scoring	**Mr. JAYSON MICLA** *Employee, LGU of Science City of Muñoz*
	Official 3X3 Basketball Rules	**Mr. CHRISTIAN U. DELA CRUZ** *Principal II, Palusapis IS*
	Palarong Pambansa Billiard Guidelines and Ground Rules	**Mr. JAKE FELICIANO** *Teacher VI, San Antonio IS*
	Lawn Tennis Rules and Scoring Guidelines	**Mr. ISAGANI TABALBA** *Employee, PhilRice*
	FIDE Laws of Chess	**Mr. CHARLES A. DIZON** *Principal I, Mapangpang ES*

	Palarong Pambansa Dance Sports Guidelines	**Ms. IMEE D. EVANGELISTA** *Teacher VI, MNHS-Main* **Mr. ALFREDO OTERO &** **Ms. MA. BERNA CAREL** *Dance Sport Trainers of LGU*
	Official Volleyball Rules	**Dr. DOMINADOR M. ORPILLA** *Principal III, SCMSHS* **Mr. ANGEL FERNANDEZ** *Teacher VI, MNHS-Main*
	Rules of the Game in Sepak Takraw	**Mr. ROD HERBERT C. CASTILLO** *Principal I, Curva IS* **Mr. JEREMY PANGAN** *Teacher VI, SCMSHS*
	Complete Guide to Table Tennis Scoring Rules: Points, Games, and Match Structure	**Ms. FLORITA R. CAMPANERO** *Teacher VI, MNHS-Main*
	Swimming Competition Rules and Regulations	**Ms. GENE BENIECE LIMOS** *Teacher VI, SCMSHS* **Mr. RUSTUM ESTEBAN** *Master Teacher I, MNHS-Main*

Day 2 | Saturday, 14 November

Time	Activity / capacity	In-Charge
08:00–08:15	Management of Learning	
08:15–09:00	Breakout Session per Events	***Resource Speakers***
09:00–09:15	Break	
9:15-12:00	Breakout Session per Events	
12:00–01:00	Lunch Break	
1:00-3:00	Breakout Session per Events	
3:00-03:15	Break	
03:15-5:00	Breakout Session per Events	
05:00 PM	Home Sweet Home	

Day 3 | Saturday, 21 November

Time	Activity / capacity	In-Charge
08:00–08:15	Management of Learning	
08:00–08:15	Breakout Session per Events	***Resource Speakers***
09:00–09:15	Break	
09:15-12:00	Breakout Session per Events	
12:00–01:00	Lunch Break	
01:00–03:00	Breakout Session per Events	
03:00–04:20	Closing Program	**TWG**
04:20-04:40	Challenge and Closing Remarks	**Mr. MARLON V. SIMINIG** *Assistant Division Sports Officer*
05:00 PM	Home Sweet Home	

Enclosure No.3 to Schools Division Memorandum No. 381, s. 2026

LIST OF COMMITTEE MEMBERS

Program Management Team

NAME	POSITION
JOHANNA N. GERVACIO PhD, CESO V	Schools Division Superintendent
BERNARDO A. GARGABITE EdD	Chief Education Supervisor
WINNIE W. POLI	Education Program Supervisor
JOEL G. DIZON	Education Program Specialist II
MARLON V. SIMINIG	Planning Officer III
CYRIL S. TALUSAN	Senior Education Program Specialist
JAMES PATRICK E. BARIAS	Education Program Specialist II
LAMBERTO P. CORPUZ	Senior Education Program Specialist

Technical Working Group

POSITION	NAME	IN-CHARGE
Chairman	**ANDREILINE S. GASTON,** *TA in Sports*	Lady of Ceremony
Co-chairs	**MAE ANTOINETTE V. BADUA,** *LSB Support*	Registration/Attendance
Members	**YVONNE DOROTHY C. BENITO,** *TA in SBFP*	Food Checking and Distribution
	ANALYN C. PASCUA, *PDO II*	Certificate

BROADCAST TEAM
Chair: JAMES PATRICK S. BARIAS Co-Chair: ALVIN B. RAMIREZ Co-Chair: JUNE ALVIN APOSTOL Members REINIER B. PARAGUISON ACE BENSON A. WAMIL MOON LEE G. LEE LINDSAY C. NATIVIDAD ABEGAIL NIÑA M. TORIO